

CITY OF NORTH BATTLEFORD & TOWN OF BATTLEFORD

# Parks & Recreation

FALL 2023 EDITION



North  
Battleford







# PARKS & RECREATION

## PHONE GUIDE

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<b>NATIONSWEST FIELD HOUSE</b> .....	306-445-1790
<b>ART GALLERIES AND MUSEUMS</b>	
<b>CURATOR/MANAGER OF GALLERIES</b>	
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<b>ALLEN SAPP GALLERY</b>	
MAIN OFFICE .....	306-445-1760
<b>THE CHAPEL GALLERY</b>	
RECEPTION .....	306-445-1757

## CENTRAL BOOKING

For booking information on the following venues, call 306-445-1755 or email [centralbooking@cityofnb.ca](mailto:centralbooking@cityofnb.ca)

- Access Communications Centre
- Parks & Fields
- Don Ross Arena
- Don Ross Centre

*All rentals require a minimum of 7 days cancellation notice. Short notice cancellations may be charged the full rental rate.*

## HOLIDAY CLOSURES

Programs and facilities are closed on the following dates:

- Labour Day ..... September 4<sup>th</sup>
- National Day for Truth & Reconciliation ..... September 30<sup>th</sup>
- Thanksgiving Day ..... October 9<sup>th</sup>
- Remembrance Day ..... November 11<sup>th</sup>
- Christmas Day ..... December 25<sup>th</sup>
- Boxing Day ..... December 26<sup>th</sup>
- New Year's Day ..... January 1<sup>st</sup>

## 3 WAYS TO REGISTER:



Aquatics:..... 306-445-1745  
Galleries:..... 306-445-1760  
Central Booking:..... 306-445-1755  
NationsWEST Field House: ..... 306-445-1790



Allen Sapp Gallery ..... #1 Railway Ave East  
Battlefords Co-op Aquatic Centre ... #4 623 Carlton Trail  
Don Ross Centre ..... 891 99th St. Door #5  
NationsWEST Field House ..... #3 623 Carlton Trail  
*Payments accepted: cash, cheque, debit or credit cards*



- Visit [www.cityofnb.ca](http://www.cityofnb.ca) > Parks, Recreation & Culture > Recreation Programs

### PROGRAM REFUND POLICY:

- A REFUND REQUEST THAT IS RECEIVED TEN (10) DAYS PRIOR TO THE START OF A COURSE WILL RECEIVE A 100% REFUND.
- A REFUND REQUEST RECEIVED WITHIN 10 DAYS AFTER THE START OF THE COURSE WILL RECEIVE A PRO-RATED REFUND WITH A \$10 ADMINISTRATION FEE.
- A PRO-RATED REFUND WITH NO ADMINISTRATION FEE WILL BE ISSUED UNDER THE FOLLOWING CIRCUMSTANCES:
  - MEDICAL REASONS (MEDICAL CERTIFICATE WILL BE REQUIRED).
  - PROGRAM CLASS CANCELLATIONS, WHERE CLASSES CANNOT BE MADE UP.
- 100% REFUND OR CREDIT WILL BE ISSUED IF THE PROGRAM IS CANCELLED BY THE PARKS AND RECREATION DEPARTMENT.
- REFUNDS OR CREDITS WILL NOT BE ISSUED FOR CLASSES NOT ATTENDED.

### CANCELLATION TERMS & CONDITIONS

*All classes, programs, and events offered by the Parks and Recreation Department are subject to cancellation or changes for a variety of reasons including:*

- Insufficient registration
- Facility and/or equipment problems or closures
- Instructor or facilitator illness and/or unavailability
- Program or service materials not available
- Unforeseen safety considerations
- Inclement weather conditions



# ADULT RECREATION PROGRAMS

## Adult Fitness:

**Learn to Run a 5K** - Join Natasha on a 9-week easy to follow run/walk program. Increasing the amount of running each session, you will gradually progress to ensure success! This program is designed for people new to running.

**Date:** September 5<sup>th</sup> – November 2<sup>nd</sup> 9 weeks  
**Time:** Tuesdays and Thursdays 5:30pm – 6:15pm  
**Location:** NationsWEST Field House  
**Cost:** \$90.00 + GST = \$94.50

### Chi Kung/ Tai Chi (energy cultivation)

These simple slow, meditative movements can be done sitting or standing for people of all fitness levels. Repetition over time develops the correct focus, body posture, and breathing to increase circulation and promote health and wellness. Research has shown Chi Kung will aid in the prevention of illness while improving health and relaxation.

**Date:** September 25<sup>th</sup> – November 6<sup>th</sup> 6 weeks  
**Time:** Mondays 7:00pm – 8:00pm  
**Location:** Upper Mezzanine Door #6 - Don Ross Centre  
**Cost:** \$57.00 + GST = \$59.85

**Date:** September 28<sup>th</sup> – November 2<sup>nd</sup> 6 weeks  
**Time:** Thursdays 10:30am – 11:30am  
**Location:** Upper Mezzanine Door #6 - Don Ross Centre  
**Cost:** \$57.00 + GST = \$59.85

### Care of the Back

**Date:** September 27<sup>th</sup> – November 1<sup>st</sup> 6 weeks  
**Time:** Wednesdays 10:30am – 11:30am  
**Location:** Upper Mezzanine Door #6 - Don Ross Centre  
**Cost:** \$57.00 + GST = \$59.85

*Participants should check with their doctor before beginning this program.*

**Yoga** - Enhance your flexibility, balance, and strength while blending mobility, strength, and movement. Following a sequence that finishes with relaxation and quiet time, this fun and functional class will leave you energized, refreshed, and relaxed.

**Date:** September 20<sup>th</sup> – November 15<sup>th</sup> 9 weeks  
**Time:** Wednesdays 5:30pm – 6:30pm  
**Location:** Upper Mezzanine Door #6 - Don Ross Centre  
**Cost:** \$81.00 + GST = \$85.05

**Yoga** - Align yourself with body, mind, and soul. Holly will guide you through various poses ensuring proper alignment, as you develop balance, flexibility, and strength. Suitable for all fitness levels as poses are easily modified.

**Date:** October 16<sup>th</sup> – November 20<sup>th</sup> 6 weeks  
**Time:** Mondays 5:30pm – 6:30pm  
**Location:** Upper Mezzanine Door #6 - Don Ross Centre  
**Cost:** \$55.00 + GST = \$57.75

**Gentle Yoga** - Focusing on slow, steady movements and breathing techniques will help improve your balance, flexibility, and stress. The class will end with meditation and relaxation.

**Date:** September 27<sup>th</sup> – November 22<sup>nd</sup> 9 weeks  
**Time:** Wednesdays 2:00pm – 3:30pm  
**Location:** Third Ave United Church  
**Cost:** \$85.00 + GST = \$89.25

**TRX Suspension Training** - All levels are welcome in this fun invigorating work out. Change up your workout with timed interval sets using the TRX band. Learn the correct body position, alignment, and basic strength and stability exercises.

**Date:** September 28<sup>th</sup> – November 2<sup>nd</sup> 6 weeks  
**Time:** Thursdays 12:10pm – 12:50pm  
**Location:** NationsWEST Field House  
**Cost:** \$42.00 + GST = \$44.10

**Date:** September 26<sup>th</sup> – October 31<sup>st</sup> 6 weeks  
**Time:** Tuesdays 5:30pm – 6:30pm  
**Location:** NationsWEST Field House  
**Cost:** \$55.00 + GST = \$57.75

**Forever in Motion** - Improve and maintain your health with gentle exercises.

**Date:** September 11<sup>th</sup> – December 22<sup>nd</sup>  
**Time:** Mondays, Wednesdays, or Fridays 9:00am – 10:00am  
**Location:** NationsWEST Field House  
**Cost:** FREE Registration required with the instructors.

**Noon Hour Shiny** - 18+ years, Bring your own equipment; helmets are mandatory. This is a non-supervised activity. Funding provided by

**Date:** September 5<sup>th</sup> – December 29<sup>th</sup>  
**Time:** Tuesdays - Fridays 12:00pm – 1:00pm  
**Location:** Access Communications Centre  
**Cost:** FREE

**Date:** September 18<sup>th</sup> – December 18<sup>th</sup>  
**Time:** Mondays 12:00pm – 1:00pm  
**Location:** Don Ross Arena  
**Cost:** FREE



## Adult Special Interest:

**Introduction to Canning 101** - Learn simple canning techniques, recipes, food preparation, and storage. Vegetables are included. Please bring your own jars.

**Date:** September 18<sup>th</sup>  
**Time:** Monday 6:00pm – 8:00pm  
**Location:** Don Ross Centre Door #6  
**Cost:** \$21.00 + GST = \$22.05

**Cultural Cooking** - Fun and educational. Learn to prepare meals and snacks from around the world.

**Date:** November 22<sup>nd</sup> **Location:** Don Ross Centre Door #6  
**Time:** Wednesday 6:00pm – 8:00pm **Cost:** \$32.00 + GST = \$33.60





## YOUTH RECREATION PROGRAMS

### Youth Programming:

**Babysitters Training** - Be prepared and ready for your babysitting jobs. The Saskatchewan Safety Council course includes basic first aid, injury prevention, and guidelines for becoming a responsible babysitter. Available for youth 11 years and older. Manual and materials are included. Participants should bring a lunch and an egg.

**Date:** October 14<sup>th</sup> & 15<sup>th</sup>

**Time:** Saturday 9:00am – 3:00pm & Sunday 9:00am – 12:00pm

**Location:** Don Ross Centre

**Cost:** \$63.00

**Kids in the Kitchen** - Learn how to prepare and cook delicious and nutritious meals the whole family will enjoy. Food and equipment is included. Ages 9 - 12!

**Date:** October 26<sup>th</sup> – November 16<sup>th</sup> 4 weeks

**Time:** Thursdays 4:30pm – 6:00pm

**Location:** Don Ross Centre

**Cost:** \$45.00

**Make, Bake and Take** - Assemble assorted treats and desserts. Great for gifts or keep for yourself. Ingredients are included. Ages 9 - 12!

**Date:** November 27<sup>th</sup>

**Time:** Monday 1:00pm – 3:00pm

**Location:** Don Ross Centre

**Cost:** \$15.00

**PD Day Camps** - Are the kids bored of being left at home or with relatives on a PD Day? Join the fun at the NationsWEST Fieldhouse where their day will be jam packed full of excitement! We have a variety of activities to keep them entertained. Physical activities, games, sports, crafts, movies, and more! Ages 6 - 11!

*Lunch and snack will be provided, please inform staff of any allergies upon booking.*

**Date:** September 29<sup>th</sup> & November 27<sup>th</sup>

**Time:** 8:30am – 5:30pm

**Location:** NationsWEST Field House

**Cost:** \$35.00 / day

### Public Skating

- Children under the age of 12 must be accompanied by an adult
- Helmets are strongly recommended
- Strollers and baby carriers are not permitted on the ice
- Skates are required on the ice
- Sticks and pucks are not permitted during public skating

**Date:** October 7<sup>th</sup> – December 30<sup>th</sup>

**Time:** Saturdays 12:15pm – 1:45pm

**Location:** Access Communications Centre | **Cost:** FREE

### Pre-School & Senior Skating

A great opportunity for children under 6, and their caregivers to enjoy a quiet slower paced environment, with no sticks or pucks on the ice. These sessions are unsupervised.

**Date:** October 4<sup>th</sup> – December 27<sup>th</sup>

**Time:** Wednesdays 1:15pm – 2:15pm

**Location:** Don Ross Arena | **Cost:** FREE

**Date:** October 5<sup>th</sup> – December 28<sup>th</sup>

**Time:** Thursdays 10:00am – 11:30am

**Location:** Don Ross Arena | **Cost:** FREE

*Times and dates are subject to change, please check the city calendar at [www.cityofnbn.ca](http://www.cityofnbn.ca) for additional public skating times during holidays.*

*Thank you to the following sponsors for offering free skating programs.*







## RECREATION FACILITIES

### Access Communications Centre

1902 - 104<sup>th</sup> St. | 306-445-1755

**Arena** – This area is suitable for a variety of uses including trade shows, dances, and large functions.

- 200' x 85' Ice Surface
- 2400 Capacity
- 5 Dressing Rooms
- Press Box

**Upper Auditorium** - This banquet hall seats up to 200 people at tables and chairs. The fully air conditioned facility is equipped with a full kitchen and bar area.

**Don Ross Arena - 891 - 99<sup>th</sup> St. | 306-445-1755**

Operating from September - April the arena provides bleacher seating for 200. The arena is attached to the Don Ross Centre.



### Dekker Centre for the Performing Arts

#1 623 Carlton Trail | 306-445-7700

[www.dekkercentre.com](http://www.dekkercentre.com)

With an audience capacity of 385 and sound quality unparalleled to any theatre, this facility is a destination spot for any live show. Perfect for your wedding, convention, recital, or any other event bookings.

### Northland Power Curling Centre

#2 623 Carlton Trail | 306-937-2431

[www.battlefordscurling.com](http://www.battlefordscurling.com)

Managed by the Twin Rivers Curling Club. Host to regular league curling, regional play downs, provincial bonspiels, and championships. Available for rent for events such as weddings, holiday parties and trade shows.

### Don Ross Centre

891 - 99<sup>th</sup> St. | 306-445-1755

**GYMNASIUM** – The large multi-purpose hall can accommodate weddings, banquets, dances, stage performances, and sports activities. Seats 400 people at tables and over 700 with a concert format.

**THE CHAPEL GALLERY** – is available to rent for a variety of functions including ceremonies, meetings, receptions, and small events. Times and dates are limited, please contact us for more information at 306-445-1760.

**MEETING ROOMS** – A variety of sizes and layouts are available for all types of events.

Equipment available to our renters:

- Coffee Pots
- TV
- Flip Chart
- Projector
- Portable White Boards
- Screens
- Public Address Systems
- Wireless Internet

\* Supply us with a set up plan and we will do the rest.

### NationsWEST Field House

#3 623 Carlton Trail | 306-445-1790

Two fields, each with seating for 250 spectators. The south field is turf - suitable for many sports such as soccer, football, and ball practices. The north field is a rubberized court to accommodate sports such as volleyball, basketball, pickleball, and badminton. The third floor contains a 3 lane 220-metre rubberized running/walking track, along with cardio and strength equipment to round out your work out. Call us for more information on birthday party options and availability.

### Battlefords CO-OP Aquatic Centre

#4 623 Carlton Trail | 306 445 1745

Featuring a 6 lane 25 metre lap pool, spray park, wave pool, two waterslides, lazy river, whirlpool, and a steam room this state of the art facility offers swimmers of all ages numerous aquatic opportunities.





POOL MEMBERSHIPS include a membership for the NationsWEST Field House (Combo)

# NATIONSWEST FIELD HOUSE

## Drop-in Schedule

### Hours of Operation

Monday-Friday ..... 6:30am-9:00pm  
Saturday-Sunday ..... 9:00am-9:00pm

LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
COURTS	9:00AM – 12:00PM Pickleball	9:00AM – 12:00PM Pickleball	9:00AM – 12:00PM Pickleball	9:00AM – 12:00PM Pickleball	9:00AM – 12:00PM Pickleball
		1:00PM – 3:00PM Pickleball & Badminton	1:00PM – 3:00PM Pickleball & Badminton	1:00PM – 3:00PM Pickleball	
	3:30PM – 5:00PM Basketball	3:30PM – 5:00PM Volleyball & Basketball	3:30PM – 5:00PM Badminton & Basketball	3:30PM – 5:00PM Volleyball & Basketball	3:30PM – 5:00PM Badminton & Basketball
TODDLER TURF		10:30AM – 1:30PM	10:30AM – 1:30PM	10:30AM – 1:30PM	10:30AM – 1:30PM



## HAVE YOU CONSIDERED GETTING BACK IN THE POOL?

**CALLING ALL FORMER LIFEGUARDS – RE-CERTIFY AND JOIN THE STAFF AT THE BATTLEFORDS CO-OP AQUATIC CENTRE!**

**WE'LL EVEN HELP YOU RE-CERTIFY!**

*Flexible hours, competitive wages!*

**LEARN MORE OR APPLY TODAY:**

 306-445-1745  [www.cityofnb.ca/jobs](http://www.cityofnb.ca/jobs)



# BATTLEFORDS CO-OP AQUATIC CENTRE

## Aquatic Centre Hours



Features **OFF**: No Water Features (Waves, Waterslides, Spray)

Features **ON**: All Water Features (Waves, Waterslides, Spray)

Please Note: The last half hour of Public Swim the Features are Always OFF

\*\*\*Subject to change based on bookings and staff availability\*\*\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>PUBLIC SWIM</b>	12:00PM - 9:00PM	6:30AM - 9:00PM	9:00AM - 9:00PM	6:30AM - 9:00PM	9:00AM - 9:00PM	6:30AM - 9:00PM	12:00PM - 9:00PM
<b>FEATURES</b>	12:00PM - 2:30PM Features OFF  2:30PM - 5:00PM Features ON  5:00PM - 6:00PM Features OFF  6:00PM - 8:30PM Features ON	6:30AM - 6:30PM Features OFF  6:30PM - 8:30PM Features ON	9:00AM - 6:30PM Feature OFF  6:30PM - 8:30PM Features ON	6:30AM - 7:00PM Features OFF  7:00PM - 8:30PM Features ON	9:00AM - 6:30PM Features OFF  6:30PM - 8:30PM Features ON	9:00AM - 6:30PM Features OFF  6:30PM - 8:30PM Features ON	12:00PM - 2:30PM Features OFF  2:30PM - 5:00PM Features ON  5:00PM - 6:00PM Features OFF  6:00PM - 8:30PM Features ON
<b>LANE SWIM</b>	12:00PM - 9:00PM	6:30AM - 9:00PM 6:00PM - 8:00PM	9:00AM - 9:00PM 6:00PM - 8:00PM	6:30AM - 9:00PM	9:00AM - 4:30PM 6:30PM - 9:00PM	9:00AM - 9:00PM	12:00PM - 9:00PM

Swimmer	If your child is 6 years of age or older and can:		Has Completed Red Cross Swim:	Then register in Lifesaving Society:
	Is 6 to 12 years with no previous lesson experience		n/a	Swimmer 1
	Is 6 to 12 years old with some lesson experience		Swim Kids 1, Sea Otter, Salamander, or Sunfish	Swimmer 1
	<input type="checkbox"/> Jump into chest-deep water unassisted and into deep-water wearing a PFD <input type="checkbox"/> Open eyes, hold breath, and exhale underwater	<input type="checkbox"/> Float, kick and glide on front and back	Swim Kids 2 or Crocodile	Swimmer 2
	<input type="checkbox"/> Jump into deep water and do a sideways entry wearing a lifejacket <input type="checkbox"/> Support self at the surface for 15 sec	<input type="checkbox"/> Do whip kick in vertical position <input type="checkbox"/> Swim 10 m on front and back	Swim Kids 3 or Whale	Swimmer 3
	<input type="checkbox"/> Tread for 30 sec <input type="checkbox"/> Do kneeling dives and <input type="checkbox"/> Front somersaults	<input type="checkbox"/> 10 m whip kick on back <input type="checkbox"/> Swim 15 m front crawl and back crawl	Swim Kids 4 or Swim Kids 5	Swimmer 4
	<input type="checkbox"/> Complete the Swim to Survive Standard: o Roll – Tread (1 min.) – Swim (50 m) <input type="checkbox"/> Dive <input type="checkbox"/> Swim underwater	<input type="checkbox"/> 15 m whip kick on front <input type="checkbox"/> Breaststroke arms with breathing <input type="checkbox"/> Swim front and back crawl 25 m	Swim Kids 6	Swimmer 5
	<input type="checkbox"/> Do shallow dives and cannonballs <input type="checkbox"/> Eggbeater and scissor kick <input type="checkbox"/> Swim 50 m front and back crawl	<input type="checkbox"/> Breaststroke for 25 m <input type="checkbox"/> Sprint 25 m	Swim Kids 7	Swimmer 6
	<input type="checkbox"/> Do stride entries and compact jumps <input type="checkbox"/> Legs only surface support for 45 seconds <input type="checkbox"/> Sprint 25 m breaststroke;	<input type="checkbox"/> Swim 100 m of front crawl and back crawl and <input type="checkbox"/> 300 m workout	Swim Kids 8	Rookie Patrol
	 		Swim Kids 9	Ranger Patrol
			Swim Kids 10	Star Patrol

**306-445-1745**





# *Fall* SWIMMING LESSONS

**OCT. 1<sup>ST</sup>  
- DEC. 17<sup>TH</sup>**

The Lifesaving Society's Swim for Life® is a comprehensive swim instruction program that focuses on fundamental swim strokes and skills for learners of all ages and abilities. It also includes teaching learners to be Water Smart®.

- Parent & Tot - for parents/caregivers and children up to 3 years of age
- Preschool - for children 4-5 years
- Swimmer - for children 6 years and older
- Adult Swimmer - for people over 16 years of age





# Want to become a Lifeguard/Instructor?

*Get certified by taking the following Lifesaving Society Courses*

*Items to Bring: Lunch, Snacks, Water Bottle, Swimsuit & Towels*

## **Bronze Medallion - Course - October 14, 15, 21 & 22 or November 25 - 27**

- Prerequisite: 13 years or older or Bronze Star certification (need not be current).

Challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness – the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Fitness component includes 400m swim in 12 minutes or less. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.

## **Bronze Cross - Course - October 28 & 29, November 4 & 5, or December 9, 10, 16 & 17**

Pre-requisite: Bronze Medallion certification (need not be current) OR Canadian Red Cross Assistant Lifeguard certification (need not be current).

Begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Fitness component includes 400m swim in 11 minutes or less, 20m recovery of submerged victim in 2 minutes or less and 10 lb. object recovery in 60 seconds or less. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and leadership certification programs.

## **National Lifeguard - Course - TBA**

National Lifeguard training develops a sound understanding of lifeguarding principles, good judgment, and a mature and responsible attitude towards the lifeguard's role. National Lifeguard training emphasizes prevention and effective rescue response in emergencies including first aid treatment. Candidates develop teamwork, leadership, and communication skills. Fitness requirements include a timed object recovery, 50 m sprint challenge, 50 m rescue drill and 400 m endurance challenge. The National Lifeguard training program is designed for lifesavers who wish to obtain a responsible job and leadership experience. Successful candidates are certified by the Lifesaving Society - Canada's lifeguarding experts.

- Prerequisite: 15 + years old; Bronze Cross certification (need not be current) OR Canadian Red Cross Assistant Lifeguard certification (need not be current); Standard First-Aid & CPR-C/AED from one of: Lifesaving Society, Canadian Red Cross, St. John's Ambulance or Canadian Ski Patrol (need not be current).

## **Swim For Life - Swim Instructor - November 7 - 10 & 14 - 17**

The Lifesaving Society Swim Instructor course prepares the instructor to teach and evaluate the swimming strokes and related skills found in the Lifesaving Society Swim for Life program. Candidates acquire proven teaching methods, planning skills, and a variety of stroke development drills and correction techniques.

Prerequisites: 15 years of age by the end of the course; Bronze Cross certification (need not be current).





# September SUPER SALE



*Try your luck. Pick a duck!*

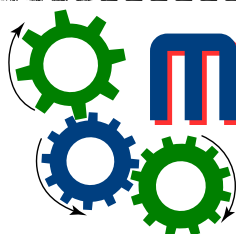
The September Super Sale is September 11<sup>th</sup> to 15<sup>th</sup> at the Battlefords Co-op Aquatics Centre! Come try your luck. Pick a Duck! And save big on your membership! Pick one of 30 ducks from the pool for a discount from 15 percent to the complete cost of your membership purchase. Yep, pick the right duck and you could get your membership for free! But you better get 'quacking'!

*Every duck  
is a winner!*

You will pick one duck out of 30, each one is a winner. How big will you win?  
The ducks:

- 8 ducks with 15% off your membership
- 8 ducks with 20% off your membership
- 6 ducks with 25% off your membership
- 6 ducks with 50% off your membership
- 2 ducks win you 100% the cost of your membership.

Valid only on  
Combo Calendar  
memberships.



## MEET-A-MACHINE!

### FREE FAMILY LITERACY EVENT

FOR YOUNG CHILDREN (0-6) AND THEIR FAMILIES

PARKING LOT AT THE INNOVATIONPLEX

SATURDAY, SEPTEMBER 16, 2023

9AM-12PM



PARKING IS BEHIND THE DEKKER CENTRE,  
CURLING RINK, FIELD HOUSE, & POOL

9-10AM:



QUIET HOUR

NO SIRENS, HORNS, ETC.



Indoor FUN at the NationsWEST  
Field House from 11am-2pm!



SNACK TENT PROVIDED BY DISCOVERY CO-OP!



Discovery





## GALLERIES

*"Highway Nocturne" by Aleksí Anseth*

### Allen Sapp Gallery - The Gonor Collection

#1 Railway Ave East | 306-445-1760 [www.allensapp.com](http://www.allensapp.com)



*"Sun Going Down at Red Pheasant Reserve"*

Visit the Allen Sapp Gallery to view the current exhibition of works from the notable and extensive Gonor Collection. World renowned Cree artist Allen Sapp is recognized as one of Canada's preeminent painters and is a recipient of the Order of Canada, Saskatchewan Order of Merit, and the National Aboriginal Lifetime Achievement Award.

Originally from Red Pheasant First Nation, Allen Sapp's paintings masterfully depict First Nations culture, the simple elegance of rural life, and the beauty of Saskatchewan.

#### Allen Sapp Gallery - The Gonor Collection/The Chapel Gallery Hours of Operation:

June to September: Open Daily 11:00am – 5:00pm

October to May: Open Wednesday to Sunday 12:00pm – 4:00pm

Closed Statutory Holidays

### The Chapel Gallery

891 - 99<sup>th</sup> St. | 306-445-1757 [www.chapelgallery.ca](http://www.chapelgallery.ca)



THE CHAPEL GALLERY  
**GRANT  
McCONNELL**  
**ROGUE ROYAL**

The Chapel Gallery is situated on the edge of the North Saskatchewan River Valley in the central northwest region of Saskatchewan, on Treaty Six Territory and the Homeland of the Metis. We pay our respect to First Nation and Metis ancestors of this place and reaffirm our relationship with one another.

Our exhibitions, programs, and public events engage our community, promoting a greater appreciation of the arts and lifelong learning, enriching our artistic and cultural heritage. Visit The Chapel Gallery to learn more about local, regional, and provincial artists, and to find out how you can become involved in the local arts scene. We look forward to meeting you!

#### UPCOMING EXHIBITIONS

**Samskara** – Diana Chabros – August 12<sup>th</sup> – September 17<sup>th</sup>

**Rogue Royal** – Grant McConnell – September 23<sup>rd</sup> – November 12<sup>th</sup>

Reception October 12<sup>th</sup> 5:00pm – 8:00pm

**Marigold Market** – November 18<sup>th</sup> – 19<sup>th</sup>

**Gallery Members Exhibition** November 24<sup>th</sup> – January 5<sup>th</sup>

#### Windows Gallery

**Just Another Day** - Aleksí Ann Anseth October 6<sup>th</sup> – November 19<sup>th</sup>  
November - December – TBA

The Chapel Gallery is accepting Exhibition Proposals for the Windows Gallery 2024-2025. Please submit your proposal in a word document, PDF, and JPEG Format to [Igarven@cityofnb.ca](mailto:Igarven@cityofnb.ca) by November 15.

**306-445-1760**



## OUTDOOR RECREATION

### Disc Golf

#### Interested in giving Disc Golf a try?

Pick up a set of discs at the NationsWEST Field House.

\$20.00 Deposit per set is required upon sign out.  
Return the discs and get your deposit back.

Located in Centennial Park, the course begins on the path behind the Access Communications Centre.

### Outdoor Spaces

**Finlayson Island** – Located on the old Battleford highway. The looped trails are well protected from wind through wooded areas, providing excellent hiking conditions.

**North Shore Trail** – Accessible from Poundmaker Trail this 5.5 km loop runs along the North Shore of the North Saskatchewan River. The trail is in a wooded area and is enjoyed by all levels of hikers and cyclists.

**Centennial Park** – 2001 - 106<sup>th</sup> St. Located behind the Access Communications Centre, several kilometers of trails wind throughout this 90 acre park. Other facilities in the park include a 400 m track, a disc golf course, tennis/pickle ball courts, North Battleford Rotary Skate Park, ball diamonds, soccer fields, horseshoe pits, lawn bowling and adult fitness equipment.

Check our website [www.cityofnb.ca](http://www.cityofnb.ca) for more parks and outdoor spaces.



## GRANT INFORMATION

#### CREATIVE KIDS

Applications are available at Room 95 - 891 - 99<sup>th</sup> St.  
North Battleford (DRC Door #5) 306-446-6776  
[rwdsr.cynthiat@sasktel.net](mailto:rwdsr.cynthiat@sasktel.net) | [www.creativekidssask.ca](http://www.creativekidssask.ca)

#### SK LOTTERIES COMMUNITY GRANT PROGRAM

Applications are available at City Hall #1291 - 101<sup>st</sup> St.  
North Battleford or at [www.cityofnb.ca](http://www.cityofnb.ca) | 306-445-1700

#### BATC COMMUNITY DEVELOPMENT CORPORATION

971 - 104<sup>th</sup> St., North Battleford  
306-446-1400 | [cdc@batc.ca](mailto:cdc@batc.ca) | [www.batc.ca](http://www.batc.ca)

#### RIVERS WEST DISTRICT FOR SPORT, CULTURE & RECREATION

306-446-6776 | [rwdsr.cynthiat@sasktel.net](mailto:rwdsr.cynthiat@sasktel.net)

#### KIDSPORT BATTLEFORDS

Pick up an application at Room 95 - 891 - 99<sup>th</sup> St.,  
North Battleford (DRC Door #5) 306-446-6776.  
[kidsport@sasksport.ca](mailto:kidsport@sasksport.ca) | [www.kidsport.sask.ca](http://www.kidsport.sask.ca)

#### JUMPSTART

1-844-YES-PLAY  
[jumpstart@cantire.com](mailto:jumpstart@cantire.com)  
[www.jumpstart.canadiantire.ca](http://www.jumpstart.canadiantire.ca)







## RECREATION CLUBS & ACTIVITIES

### **Annette's School of Dance**

306-480-9677  
annettesnb@gmail.com

### **Battlefords Adult Slo-Pitch League**

Lawrence Lessard: 306-445-6952

### **Battlefords & District Farmers Market**

Alana Priel: 306-480-4025

### **Battlefords Art Club**

battlefordsartclub@gmail.com

### **Battlefords Badminton Club**

Steven Mak: 306-481-6205

### **Battle River Cloggers**

Donna Keys: 306-446-2503  
d.dhnc@sasktel.net

### **Battlefords Community Players**

Donna Challis: 306-446-3133  
bcpdrama@sasktel.net  
www.bcpdrama.com

### **Battlefords Cross Country & Biathlon Ski Club**

306-441-7382 | doug.sylvester@sasktel.net

### **Battlefords Disc Golf**

Evan Zimmer: 306-386-7083  
nbdiscgolfleague@gmail.com  
www.battlefordsdiscgolf.ca

### **Battlefords Gracie Jiu-Jitsu**

Dwight Doshen: 306-490-7721

### **Battlefords Gun Club**

306-441-1899

### **Battlefords Gymnastics Club**

306-445-2298 | battgymclub@gmail.com  
www.battlefordsgymnasticsclub.ca

### **Battlefords Highland Dance Association**

306-446-0191 | battlefordshighland@gmail.com  
www.battlefordshighland.ca

### **Battlefords Horseshoe Club**

Vern: 306-386-2276

### **Battlefords Karate Do**

Barry Grant: 306-441-6293  
bgrantnb@sasktel.net

### **Battlefords Lawn Bowling Club**

Mel: 306-445-8433

### **Battlefords Minor Baseball**

battlefordsminorbaseball@gmail.com  
www.battlefordsminorbaseball.ca

### **Battlefords Minor Hockey Association**

306-446-3393 | bmha@sasktel.net  
www.battlefordsminorhockey.ca

### **Battlefords Minor Softball**

battlefordsminorsoftball@outlook.com

### **Battlefords North Stars**

306-445-7827 | office@northstars.ca  
www.northstars.ca

### **Battlefords Pickleball Club**

Amy Williams: battlefordspbclub@gmail.com

### **Battlefords Quarter Horse Club**

Shirley Smith: 306-441-2014

### **Battlefords Scuba Community**

Dennis McCullough: 306-480-7861  
battlefordsscubacommunity@gmail.com  
www.battlefordsscubacommunity.ca

### **Battlefords Senior Soccer**

Gord 306-398-7452 | battlefordsoccer.com  
Facebook Group:  
Battlefords Senior Soccer Association

### **Battlefords Toastmasters Club**

306-441-0890  
info@battlefordtoastmasters.com  
www.battlefordtoastmasters.com

### **Battlefords Vintage Auto Club Inc.**

Allen Curry: 306-445-5692

### **Battlefords Volleyball Club**

battlefordsvolleyball@gmail.com

### **Battlefords Youth Soccer**

text: 306-481-5911 | bysiexccdir@sasktel.net  
www.bysi.ca

### **Battle River Archers**

battlriverarcherscorp@gmail.com  
battlriverarchers.ca

### **Beaver City Wood Carvers**

Ray Dexter: 306-445-4078

### **Dance Connection**

306-446-6226 or text 306-481-6224  
www.danceconnectionnb.com  
dance.connection@sasktel.net

### **Eagle Hills Multiple 4-H Club**

Erin Cooper: 306-481-3610

### **Flatlanders Free Style Skiing Club**

Glenn: 306-441-3342  
flatlandandfreestyle.ski@gmail.com

### **Gutters Bowling & Game Centre**

Kelly or Joe: 306-445-2151

### **Historic Battlefords Lions Club**

Doug Reid: 306-937-3495  
doug.reid@sasktel.net

### **Kiwanis Club of the Battlefords**

Dave Eckel: 306-445-5351 or 306-441-1917

### **Meota Lakefront Paddle & Sail**

Trudy Janssens: 306-374-0843  
trudyjanssens121@gmail.com

### **North Battleford Tae Kwon Do Academy**

Ryan Wood: 306-480-8702  
nb.tkd.academy@gmail.com

### **New Horizons Recreation Association**

Dave Paige: 306-446-0940

### **North Battleford City Kinsmen Band**

306-445-5013 | nbckbands@sasktel.net

### **North Battleford Golf & Country Club**

306-937-5656



#### **North Battleford Legion Track Club**

Karen Wharington: 306-441-9174  
krwharington@accesscomm.ca

#### **North Battleford Lions Club**

Gib Volk: 306-445-4785

#### **North Battleford Table Tennis Club**

tabletennis@gmail.com  
tabletennisnb@gmail.com  
Facebook: North Battleford Tennis Club

#### **North West Hockey Development Assoc.**

Don Hydukewich: 306-441-7638

#### **Orcas Swim Club**

battlefordorcass@gmail.com

#### **Royal Canadian Air Cadets**

Captain Joyce Ptolemy: 306-445-0004  
joyce.ptolemy@cadets.gc.ca

#### **Royal Canadian Legion Branch No. 9**

Esther Delainey: 306-937-2161  
rcl9@sasktel.net

#### **Sakewew Dancers**

306-445-6800

#### **Senior Citizens "Action Now" Club Inc.**

306-446-3883 PM only

#### **Skate Battlefords**

Cynthia Tymorwski: 306-481-5048  
sk8battlefords@sasktel.net  
www.skatebattlefords.ca

#### **Svoboda Dance Association**

306-490-7586  
www.svobodadancers.com

#### **Table Mountain Regional Park**

306-937-2920  
www.tablemountain.ca

#### **The Pioneer Association**

Joan Rice: 306-937-3386  
Denis Pidwerbesky: 306-445-9850

#### **Twin Rivers Curling Club**

Brandon Hall: 306-937-2431  
manager@battlefordscurling.com  
www.battlefordscurling.com

#### **Velocity Fitness**

#### **(Aquafit & Dryland Fitness Classes)**

306-407-0195  
tiff.chan.fit2018@gmail.com

#### **2nd North Battleford Scouting**

www.scout.ca

#### **4-H Saskatchewan**

Kaitlyn Keller: 306-933-7727 | info@4-h.sk.ca  
www.4-h.sk.ca

#### **2537 Battleford Army Cadets**

2537army@cadets.gc.ca  
barb.kirby@cadets.gc.ca

## **COMMUNITY ORGANIZATIONS**

#### **BGC Battlefords**

306-445-0002 | info@bgcb.ca | www.bgcbattlefords.ca

#### **Battlefords Concern For Youth**

306-445-1020 | outreach@concernforyouth.ca  
www.concernforyouth.ca

#### **Battlefords District Food & Resource Centre**

306-937-5505 | info@bdfrc.ca

#### **Battlefords Early Childhood Intervention Program**

306-446-4545 | www.becip.org

#### **Battlefords Early Years Family Resource Center**

306-446-3413

#### **Battlefords Immigration Resource Centre**

306-446-0622 | immigration2@myaccess.ca  
www.battlefordsimmigration.ca

#### **Battlefords Indian & Metis Friendship Centre**

306-445-8216 | nbimfc@sasktel.net

#### **Big Brothers Big Sisters of the Battlefords**

306-445-7845 | www.battlefords.bigbrothersbigsisters.ca

#### **Catholic Family Services of the Battlefords**

306-445-6960  
cfs@battlefordscfs.ca

#### **Midwest Food Resources**

306-446-2684 | battleford.mwfr@gmail.com

#### **North Battleford Library**

306-445-3206 | ref.desk@lakeland.lib.sk.ca  
librarian.northbattleford@lakeland.lib.sk.ca  
www.northbattlefordlibrary.com





## TOWN OF BATTLEFORD PARKS & RECREATION

### Recreation Guide

Phone 306-937-6216 for more information on any of the programs below:

- Memorial Rose Garden, located at 165 15<sup>th</sup> Street is designed to honor loved ones by having their names engraved on bricks along the memorial walk.
- Commemorative Bench Program, provides the opportunity to celebrate the life of a loved one or honor an individual, group or special event.
- Fall Yoga:
  - Beginner to intermediate classes incorporating yoga postures, gentle movement sequences, and breath work.
  - Time: Tuesday classes October 3<sup>rd</sup> - November 21<sup>st</sup>, 6:30pm to 7:30pm
  - Time: Thursday classes October 5<sup>th</sup> - November 23<sup>rd</sup>, 6:30pm to 7:30pm | Cost: \$80.00
- Parents & Tot Skating:
  - Free skating for toddlers and their parents
  - Time: Tuesdays 9:30am to 10:30am starting September 19<sup>th</sup>.
- Public Skating:
  - Free skating for the general public
  - Time: Thursdays: 6:00pm - 7:15pm and Sundays 4:30pm - 6:00pm starting October 5<sup>th</sup>.

### Alex Dillabough Centre

432 - 27<sup>th</sup> St. | 306-937-6216

- Versatile/multi-use, air conditioned facility can accommodate weddings, conferences, meetings, banquets, cultural events, volleyball, basketball, badminton, etc.
- The facility features three separate meeting rooms, the main hall, bar area, coat check room, fully serviced kitchen, 2 separate change rooms for sports activities, and a portable stage. Projector and screen are also available.
- The main hall, which measures 70'x100', has a tiled floor and can accommodate 500 people for dining/dancing, 675 for a banquet, and 800 for meetings.
- A full-time caretaker prepares the facility for each function and is also available to open the centre for previewing.

### Fred Light Museum

#11 - 20<sup>th</sup> St. | 306-937-7111

OPEN: May to October

- Features local history, First Nation artifacts, firearms, military uniforms, blacksmith shop, wood working shop and vintage fire truck display.
- Tourist information booth.
- Administers the "Honour Our Veterans" banner program.

### Community Grant Program (Saskatchewan Lotteries)

- This program is designed to provide funds to non-profit organizations to assist in the development of sport, culture, and recreation programs.
- Groups within the Town of Battleford and the RM of Battle River are encouraged to call the Parks and Recreation Department for further information.

### Battleford Arena

401 - 28<sup>th</sup> St. | 306-937-6216

- Artificial Ice from September to March.
- Accommodates Minor Hockey, Figure Skating, Recreational Hockey and Sport Tournaments.
- From April to August a variety of functions/activities can be held on the concrete floor that measures 87' x 189'.

### Battleford Library

201 - 22<sup>nd</sup> St. | 306-937-2646

OPEN: Monday - Saturday 11:00am - 6:00pm

CLOSED: Sundays and Stat holidays.

### Battleford Parks

- **ACT Park** – 35<sup>th</sup> Street
- **Kinsmen Park** – 17<sup>th</sup> Street Park
- **Historic Battleford Lions Park** – 22<sup>nd</sup> Street
- **Battle Springs Park** – 2<sup>nd</sup> Avenue & 14<sup>th</sup> Street
- **Telegraph Heights Park** – Telegraph Road
- **Fitness Park** – 29<sup>th</sup> Street



THANK YOU to the BATC Community Development Corporation  
for providing grant funding for the  
2023 North Battleford Parks & Recreation Guide.



On behalf of Council and the City of North Battleford, we  
acknowledge that we are on Treaty 6 Territory and the Homeland of  
the Métis. We pay our respects to the Indigenous and Métis ancestors  
of this land, including the Nehiyawak, Nakaw, Nakoda, Dakota, and  
Métis, and reaffirm our relationship with one another.